



# Beechwood Park Homes Association

INCORPORATED

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## FALL NEWSLETTER

November 2018

### BPHA VOLUNTEER BOARD MEMBERS and OFFICERS

<b>President</b>	Ivy Friedman	<b>Vice President</b>	Sue Edwards
<b>Secretary</b>	Alison Frayne	<b>Past President</b>	Dianne Ratcliffe
<b>Treasurer</b>	Luke Eret	<b>Program Director</b>	Deborah Morden
<b>Maintenance Director</b>	Don Capes	<b>Tennis Director</b>	Mark Baetz
<b>Membership Director</b>	Tracey Nairn	<b>Pool Director</b>	Christine Valente
<b>Social Director</b>	<i>Vacant</i>	<b>Member at Large</b>	Dominique Kennedy
<b>Bookkeeper</b>	Shenhui Lang	<b>Payroll Officer</b>	Lisa Heaton

### 2018 BPHA Board Message

#### Upcoming Events

**Cookie Exchange** – Wednesday, December 5<sup>th</sup> at 311 Algonquin Drive

**Annual General Meeting** – Wednesday, December 12<sup>th</sup> at 7pm at Conrad Grebel College Rm 1208.

### ACTIVITY UPDATE from THE BPHA BOARD

**50 years and counting!** This year, BPHA celebrated its golden anniversary and we like to thank all of our members and past members for making this milestone possible. Because of you, our Association continues to thrive. We look forward to the next 50 years.

Here is a summary of how we celebrated, what we accomplished and how we are striving to continually improve our Association and our Community.

- Our 50<sup>th</sup> Anniversary Festival on June 2 launched us into a fun filled summer. Mayor Jaworsky was there to applaud us on our 50 years of success. Erick Traplin entertained the children under the gazebo. And Sheila Wiebe (daughter of Abram and Dorothy) came by to congratulate us on keeping her father's vision of community strong.
- Thanks to Sue Edwards' excellence in Social Directing, the Adult Patio Party was a hit with live music from "Another Blind Date" with our very own Mark Baetz (Tennis Director) on Keyboard.
- With funding from the City of Waterloo's Neighbourhood Matching Fund, we planted 52 new trees in the area. If you haven't done so already, take a photo by your new tree, so you can see the impact of your contribution 50 years from now. We'd love a copy of that photo too! Send it to [info@bpha.ca](mailto:info@bpha.ca) and we'll post it on our website.

- Thanks to Deborah Morden and Dianne Ratcliffe, we piloted online registration and payment, which was well received. We are working through a few bugs to make the process even more streamlined and user friendly for next year. Our Membership Director, Tracey Nairn, will have membership information in the Spring Newsletter, but watch for updates on our website [www.bpha.ca](http://www.bpha.ca).
- New this year, we offered PD Day Programs in June and a longer Summer Fun Camp in August. Watch for even more programming in 2019.
- We had volunteers galore. Thank you to anyone and everyone who came out to rake leaves, flip pancakes, flip burgers, trim hedges, hang hooks, pull weeds, and all the many other jobs that make our Community strong.
- We held our breath with a few pool repairs. Our pool is feeling its 50 years, but with Don Capes' and Christine Valente's diligence and dedication, we are on our way to a healthy start in the spring.
- There were many home sales in the neighbourhood. If you are new to the neighbourhood and we have not already welcomed you, please email us at [info@bpha.ca](mailto:info@bpha.ca) and introduce yourself. If you have a new neighbour, be sure to show them what a wonderful area they've chosen.
- As always we would love to hear from you. Please email us your comments or suggestion at [info@bpha.ca](mailto:info@bpha.ca) or drop them off in our mailbox at the recreation centre.

We look forward to seeing you at the **Cookie Exchange** on Wednesday, December 5<sup>th</sup>, and our **Annual General Meeting** on Wednesday December 12<sup>th</sup>. Have a warm and joyous winter.

*Sincerely, Ivy Friedman President and your entire BPHA Board of Directors.*

## **THE END OF AN ERA**

Recently, our community mourned the passing of Dorothy Wiebe. Dorothy passed away on October 9<sup>th</sup> at the age of 98 at her home of 53 years on Tennyson Place; a home she built in 1965 with her husband Abram where they raised their 6 children. Our community owes so much to these two visionary individuals whose companies, Major Holdings and Vintage Homes, built our award winning community of Beechwood Park between 1960 and 1975. We do not use the term visionary lightly. In so many ways their ideas for how to build sustainable communities were decades ahead of their time and these ideas became realities in our neighbourhood and beyond. For the Wiebe's did not just build our homes but an entire planned community that included 12 Beechwood neighbourhoods with Recreation Centres, High Rise Apartments (Westmount Towers 1 and 2), Townhouses (on McDougall and at both corners of Keatsway and Fischer Hallman), the Westmount Plaza Shopping and Zehrs Shopping Centres, Industrial Parks (on Phillip St.) and the land for the University of Waterloo (the university is situated on 950 acres of farmland that Abe Wiebe sold to the University's founders between 1957 and 1962 rather than develop). Abe Wiebe's motto was that people should "live, work, shop, and play" close by. Below are selected quotations from Major Holding's archive of documents of the day that illustrate the Wiebe's guiding development principals.

### **ON RECREATION**

*"The provision of recreation facilities for the community is much more than ball-diamonds and arenas. Recreation must include all aspects of "re-creation" and not only the sports aspects. In Beechwood, we introduced the concept of a central recreation area where neighbours can meet and enjoy their leisure time with a sense of community. Homes Associations in these areas are provided with tennis courts, swimming pools, and other amenities for their use with capital costs completely funded by Major Holdings."*

### **ON CONSERVING THE ENVIRONMENT**

*"We like to create communities keyed to human satisfaction and fulfillment, communities that exist in harmony with their environment enhanced by natural parkland; communities designed for the enrichment of living. When the decision has been made to permit lands to be developed for urban purposes it is*

*obviously impossible to maintain them in a natural state. However, it is the policy of Major Holdings to work with the land and, where possible, improve the natural environment. Native trees are preserved where possible and the creeks are part of a park system between Centennial Park and Laurel Creek Park. It is worthy of note that the park provision for the developed areas of Beechwood is twice that required by the City of Waterloo Official Plan.”*

### **ON AUTOMOBILES AND NEIGHBOURHOODS**

*“It is essential to the neighbourhood unit concept that a clear line be drawn between the brutality of the automobile and civilized living. It is customary in official plans to state that through traffic in residential areas “will be discouraged”. This is whistling against the wind. If a serious policy of environmental safety is intended, through traffic should be prevented. We have done this by evolving a neighbourhood form composed of a series of residential sectors (the different Beechwoods) connected to the arterial roads but not to one another, except by pedestrian ways, which preserve human scale.”*

### **ON A VARIETY OF COMMUNITY HOUSING FORMATS/DENSITIES**

*“Major Holdings feels an obligation to provide good housing for the widest possible segment of the populace. A considerable proportion of Major Holdings’ subdivisions have been made available for smaller lots and government subsidized housing. Many multi-family projects have been completed and more are on the drawing board. Developments for medium and lower income groups receive the same planning attention, the same concern for the creation of a pleasant living environment, as in luxury developments. Major Holdings believes in diversity of development.”*

### **ON URBAN DESIGN FOR “LOCAL” LIVING**

*“In the field of transportation it has been normal to consider two basic forms - public transportation and private automobiles. There is a third which should receive much more attention - walking. This, of course, implies a re-birth of older community forms where, by and large, the daily range of human activity lay within walking distance of one’s home. By arranging the location of major centres of activity in the community such that they are within convenient walking distance of homes (a Community Core) then the need for mechanical transportation is considerably reduced. This localized urban design will afford insurance for the day when the world community decides that it will no longer permit North America to devour scarce resources in an increasingly profligate fashion.”*

### **NEW PHARMACY OPENING BY LOCAL RESIDENT**

Neil Mulhotra, the son of Kuldip and Joanne, grew up on Marlowe and liked his old neighbourhood so much he now lives down the street from his childhood home on Anatolin Place with his wife Claire and 2 children. After graduating from the U of T pharmacy school in 2009 and working at Westmount Pharmacy since 2012, Neil is taking an exciting step and opening his own pharmacy at 439 Park Street in Kitchener called Apothecare Pharmacy. Neil wants to let our neighbourhood know that this will be a full service pharmacy with one of his goals being to help people manage their health in regards to areas like diabetes education and quitting smoking. Their phone number is 519-954-1055 or you can email to [neil@apothecarepharmacy.ca](mailto:neil@apothecarepharmacy.ca). We wish our “local” boy well in his new venture.

### **“LESS SALT PLEASE” FROM THE DOGS IN OUR NEIGHBOURHOOD**

On behalf of all the dogs and dog walkers in our area we ask that if you can, to try and minimize or eliminate the use of salt on the sidewalks in front of your homes this winter. We don’t want you to jeopardize your safety of course, but salt is very hard on the foot pads of our canine friends.  
*Sincerely, “man’s best friend”*

## **THE BEECHWOOD PRODUCE STAND**

Thanks to all our dedicated volunteers, neighbourhood support, and our local farmers, breadmakers, beekeepers, and lemonade merchants, for making our 11<sup>th</sup> season of the Produce Stand another successful year. It was so nice to see our neighbours turn out in droves from near and far every Wednesday afternoon, rain or shine, to trundle up to our stand, sometimes with kids and pets in tow, and buy their weekly assortment of fresh, local, and delicious fruits and vegetables. Laura Hunter, a new visitor to our Stand this summer enthusiastically commented “I finally made it to the produce stand with my son Jack and our Aussie Heidi. What a fantastic local treat. Super friendly people working there, especially the young girl that helped me out so competently. Thanks for getting me away from my desk and out in the neighbourhood. We’re over on Woodbend and our pup Heidi appreciated the midday walk. I will spread the word? Can’t believe I didn’t know about this little gem before!” And the St. Vincent de Paul Society, where our volunteer Maria Brzowzski took our stand leftovers each week sent us this note:” Once again our guests were so appreciative of your fresh bountiful harvest. And once again we offer to you, our thanks for your kindness and thoughtfulness. May God Bless each and every one of your gardeners. Thank You”. The funds raised from the stand were distributed once again to worthwhile causes including \$500 each to Centennial and Keatsway Schools, \$750 to the new community centre opened at the Erb West regional housing complex on Churchill, \$1000 to the BPHA and \$250 to Food for Kids charity. Although it’s snowing outside as this is being written, we are already looking forward to bringing our community next summer’s stand.

## **FAMILY MATTERS**

- 247 Lions Gate: Krista (Weltz) and Stirling Fisher are thrilled with the addition of twins, Lauren and Spencer, who were born on April 27<sup>th</sup>. The twins are new sister and brother to Alicia and Cameron Fisher, and Chloe Gordon. “We feel so blessed with their healthy and safe arrival and all the joy they bring us each day.”
- 184 Mohawk: Jun Jiang & Bobby Campbell welcomed their 2<sup>nd</sup> child Sophie on May 30<sup>th</sup>; a sister for Zi.
- 290 Shakespeare: Kathy Chandler and Mike Conrad were blessed with the arrival of 2 grandchildren; a little boy Luke born to Matt and Kira on November 21<sup>st</sup> 2017 and a little boy Owen born to Michelle and Mike on May 26<sup>th</sup> this year.
- 295 Longfellow: Sean Oczkowski, the son of Rick and Nancy, was married to Renee on August 26<sup>th</sup> in Seattle. Sean is an engineer with Amazon and Renee is an architect.
- Rick and Nancy’s daughter Jane, a noted children’s author, will be marrying Emily Sehl on June 19<sup>th</sup>, 2019. Jane used to lifeguard at our community pool several years ago.
- 312 Algonquin: Bob and Becky Gibson/Yoshi were blessed with their 4<sup>th</sup> grandchild, Hanako, born on June 2<sup>nd</sup> in Halifax to their daughter Sachi and her partner Jamie Baxter. Their other grandchildren are Kiyoshi, Owen, and Theo.

## **A NEW PODCAST FOR WOMEN ENTREPRENEURS**

Katie Steckly, Dolores and Paul Penner’s daughter-in-law, has started a podcast called ‘*Bossy Women*’ that features interviews with female entrepreneurs in the Waterloo Area. You can access the episodes at <http://bossywomen.ca>. Katie is also offering an evening workshop on Nov. 29<sup>th</sup> on the topic of using social media to boost marketing. Anyone who owns a small business is welcome to attend. More information on the workshop can be found at <http://bossywomen.ca/workshop>.

## **NEW NEIGHBOURHOOD ARRIVALS IN BEECHWOOD**

On behalf of the entire neighbourhood, we welcome the following new individuals and families to our community. We know you will enjoy living in this special place as much as we do.

- **225 Lions Gate:** Alison and Shane LeRoux and their dog, Oakley and cat, Reillie have moved here from Kitchener. Alison recently completed her Master's degree in Nursing and is starting her new career as a Nurse Practitioner. Shane works as an Engineering Manager at Honeywell.
- **253 Shakespeare:** Phillip and Jennifer have recently moved into Phillip's family home joining several other "next generation" families who live in Beechwood Park including the Chris' on Hiawatha and the Kelly's on Algonquin. Phillip's dad Dick and his mom Fern were wonderful neighbours for over 40 years.
- **271 Shakespeare:** Andrew and Laura McNaught and their 2 children have moved into the old Hare home from Georgetown. Andrew is an anesthesiologist at Grand River Hospital.
- **338 Marlowe:** Steve Kobes and his 2 cats have moved into Jim Furlong's old home. Steve moved from Google California to work in engineering at the local Google office.
- **348 Coleridge Place:** Douglas Stebila has moved into our area after spending 7 years teaching in Australia. Douglas is a Mathematics Professor at U of W.
- **252 Shakespeare:** Larry Lu, his wife Melody, and 16 year old daughter Carol, have moved from Vancouver into John and Anita Uhrig's old home.
- **323 Coleridge:** Brooklynn Boyer and William Tottenham moved into the Gawman house and are busy renovating their new home. The Gawman's were one of Beechwood's original families for over 50 years.
- **285 Hiawatha:** Sheila and Bert Thompson moved from Nashville Tennessee into the Davidson home.
- **298 Hiawatha:** Brenda Hallman has just moved into the Dipple's old home to be closer to her kids; Greg, Nicole, and Lily who live on Shakespeare. John and Marilyn Dipple, after 45 years in Beechwood have decided to downsize.
- **305 Hiawatha:** Dorothy Lillace and her son Alex moved here in the late summer from Vancouver. Alex attends U of W studying Mathematics. Dorothy came by the Produce Stand often this summer and loves her new neighbourhood.
- **131 Iroquois Place:** Don and Jaclyn Halliwell and their 5 month old daughter Nora moved into their new home at the end of September. Don works for a software company and Jaclyn at U of W.
- **297 Shakespeare:** Carl Zender, Heidi Mannhardt-Zender, Reagan (12) and Felicity (9) will move in on December 20<sup>th</sup>. They have purchased longtime residents Mary and John Lynch's home.

## **YOUTH JOB ADVERTISEMENTS**

- **BABYSITTING:** Annie Scott from Hiawatha, age 13, is a Grade 8 student at Centennial and knows many of the neighbourhood children from volunteering at Keatsway. She is great with children of all ages, has a love of music and a babysitting go-bag filled with arts and crafts supplies, games and her ukulele. She has taken the Red Cross babysitting program. Her contact is 519-498-8855 or [js.julieannescott@gmail.com](mailto:js.julieannescott@gmail.com).
- **BABYSITTING:** Hi, my name is Rivi and I live on Hiawatha. I'm 13 and have completed the Red Cross babysitting course. I can take care of kids from ages 3 and up, and offer to help them with French, English and basic piano skills. I love planning parties and if your child has a birthday, I can set up for it and help out with all the kids when that crazy day comes along. For babysitting, I generally charge \$10/hour. If you're interested you can email me at [slingo23@gmail.com](mailto:slingo23@gmail.com) or call 519-886-6093 to set up a date and time. Hope to hear from you!
- **BABYSITTING:** My name is Tessa Hedrick and I am a grade 12 student at Rockway Mennonite Collegiate. I have first aid certifications, and more to the point, I love kids! To contact me, email [tessa.hedrick@gmail.com](mailto:tessa.hedrick@gmail.com).
- **TESSA HEDRICK PHOTOGRAPHY:** I recently started doing photo shoots with my DSLR camera. If you are interested in individual, family, or friend photo shoots for a low price, I would love to help you out. To contact me, email [tessa.hedrick@gmail.com](mailto:tessa.hedrick@gmail.com).

## **YOUTH JOB ADVERTISEMENTS cont'd**

- **CHILDSITTING, TUTORING, YARDWORK:** Do you need someone to look after your kids? Oscar Judelson-Kelly is a responsible, hardworking, fun, and caring babysitter. He is certified by St. John's Ambulance and is available to tutor school subjects and musical instruments. Oscar is also available for house and pet sitting as well as yard work and snow shoveling. Please contact him at 519-342-4764 or [judelsonkelly@gmail.com](mailto:judelsonkelly@gmail.com).
- **BABYSITTING AND FRENCH TUTORING:** Hello! My name is Chloe and I am 14 years old. I am offering babysitting for ages 1 and older. I have 2 years of babysitting experience, my standard first aid course, a babysitting course, and my bronze star. I love kids of all ages and would be thrilled to hang out with yours! I am usually available Friday nights and nearly all Saturday nights. Most weekday evenings work too! You can contact me at [chloekonrad23@gmail.com](mailto:chloekonrad23@gmail.com) or on my mom's phone at 519-998-3618. I also am offering **tutoring in conversational French** for kids. I spent my elementary school years in French immersion, and recently completed a 9 week exchange in France. This summer I volunteered at an all-French summer camp for kids.
- **DOG WALKING:** Whether you're stuck in traffic and require a visit on short notice, or you wish to leave your pet at home whilst away on vacation, Lucas Midwood (Craighleith Drive) is able to visit your pet, and feed and exercise as instructed. He has familiarity with fish, birds, reptiles, cats and dogs. Lucas can be reached at 519-957-9136.
- **DOG WALKING:** Rhea 11 and Eshan 9 are available for dog walking in evenings in our Beechwood community. They love dogs. Please call 519-893-7854. Thanks, Sanjay Govindraj.
- **BABYSITTING/DOG WALKING:** My daughter Katherine, who lives on Shakespeare and is 13, would like to offer her babysitting or dog walking services to people in our neighbourhood. She has taken the Red Cross Babysitting course and has some experience from the United Kingdom with a 3 year old. She can be contacted at [percivalfamily5@gmail.com](mailto:percivalfamily5@gmail.com). Katherine would also like to offer **handmade Christmas/Holiday Greetings cards for sale**. They cost 3 for \$5, 10 for \$15, and 6 labels for \$2. She plans to donate 50% of any profits made on these cards to the WWF for the conservation of tigers.

## **THE ERB WEST NEIGHBOURHOOD**

Just down the road at the corner of Amos and Churchill is a low income, regional townhouse development called Erb West where many immigrant families reside. Most of their children go to the same schools, Keatsway, Centennial, and WCI. Recently, our Produce Stand made a donation to help furnish their new community centre that opened the end of October. The centre is a joint project between an outreach organization called Carizon, the Region of Waterloo, and local residents of Erb West. This drop-in centre is open Monday-Thursday from 12:30-5:30 and is used in a variety of ways. Folks stop by to chat and have a tea, give input on new programs, or to give or take items from the community food cupboard. Youth use the space to play games, work on homework, or improve their artistic abilities. Currently, there is a need for volunteers to work either in a "host" capacity, greeting folks as they come to visit the centre, or creating programming around a particular skill involving music, art, reading etc. There is also a need for donations of quality craft supplies, board games, PS4 games and children's books (especially for young children learning to read). If you would like to learn more about volunteering in Erb West a few hours a week or donating items to their new centre, please contact Jodi Spunar from Carizon at [jspunar@carizon.ca](mailto:jspunar@carizon.ca) (519-574-9176) or the Erb West Community Centre Facebook page. Thanks.

## **HOUSE FOR RENT - 332 Longfellow Drive**

Family Home with 4 bedrooms, 4 bathrooms, and a finished basement. 2600 Sq. Ft., double car garage. \$2500/month plus utilities, Available December 1<sup>st</sup>, For more information contact: Jamie 519-741-6496.

## **LOOKING FOR A HOUSE TO RENT for July & August 2019**

Dave and Kathryn Hare and their 2 children Rose and Grace, who lived for 17 years on Shakespeare Dr., are looking for a house to rent for 2 months back in our neighbourhood when they return from a sabbatical year in Nova Scotia. Please contact Dave at [deghare@aurigaimaging.com](mailto:deghare@aurigaimaging.com).

## **BEECHWOOD ANNUAL MEN'S TENNIS TOURNAMENT By: Michael Dixon**

Our Wednesday night men's tennis group held their annual tournament finale on September 9<sup>th</sup>. Once again the peerless Michael Dixon, organizer par excellence, presents his ironic rendition of the event below:

It was a sultry, sweetly, alliterative, Saturday in September, when our aging heroes gathered for the annual doubles tournament. The older and wiser we get the flashier our rackets, as we try to recapture our lost youth. On Court 1 it was Mike (the wall) Dixon and (Shoeless) Joel Blit, against defending champions Mike (Can't) Singh and Tom (the Kid) Paraschuk. On Court 2 it was the good reverend Scott (the preacher) Brubaker-Zehr and Dante (the inferno) Pocrnich against Franz (the Bavarian Bomber) and cool hand Luke (the NSF Czech) Eret. (For the uninitiated, players are assigned up to seven nicknames.) As the flashing of the babolats commenced there were the usual doings. The easiest of drop shots dribbled dejectedly into the net while running forehands sailed over the fence. On court two, eventually good prevailed-Dante (clear eyed) Pocrnich, and Scott (the Old Testament Smiter) Brubaker-Zehr, were elevated. On court one, El Dixione and Joel (is economics really a science?) Blit prevailed over Mike (can't) Singh, and Tom (Kid Galahad) Paraschuk. As dusk descended new champions emerged and the trophy was presented to Joel and Mike. Thanks to Mark Baetz for booking the courts and presiding as Tennis Director for another great year. His competency as Director is only dwarfed by the size of his racket. Thanks to Sue Dixon who provided much food on very little money. Thanks to Karl who took care of the BBQing and arrangements for another successful tournament. And thanks to the ageing heroes who....strive to seek, to find, and will unfortunately yield at the first sign of a well bbqued popper.

## **THE MARATHON by KYRI FRIEDMAN - age 11**

I'm going to start from the very beginning. We were just sitting there when they thought of it. My parents, Ori and Ivy, were going to run their second marathon. The training started. Some days, they would go on long, long runs and leave us home for hours. Some days, we would be dragged along, me and my sister, gasping for breath during a five kilometer jog. Our parents would insist that even just that distance was difficult for them, even though they had hardly broken a sweat. Then, their training became vigorous. They would come back smelling like camels and saying that they had just completed twenty miles. Then, one day, my mom hit the wall. My dad came back, said what had happened, and took the car. She had, while running, stopped and sat down, panting that she had to stop running, so my dad drove her back home. Suddenly, their training almost ceased to exist. They would run just as often, but much shorter distances. And then, the time for the race had come. We drove to Toronto, where we stayed the weekend at our grandmother's house. There was a tracker and we could see where they were in the race, which we mostly ignored because considering the length of the race, it would be like watching the hour hand on a clock move. But then, we saw it! The dot that was them started moving faster than ever. We could see the dot sprinting along the path. They were six miles from the end. Then one mile. Then five hundred metres. Then - DONE!!!

They had run twenty-six miles (42.2km.) in four hours, eighteen minutes. That's twenty-two minutes faster than their last one. The race was over.

## **POEM from 11 year old ANISA MNYUSIWALLA**

Anisa, the daughter of Yusef and Gulshan, longtime residents on Browning Place, wrote this poem when she was 11 years old in elementary school about 25 years ago. It's about climate change and it still rings true today.

We are polluting our lakes and air; What we are doing to our earth is far from fair.  
The greenhouse effect is here; That is enough of a cause to make anyone fear.  
Acid rain is endangering the world; Must something drastic happen before our plea is heard?  
The countries of the world must join together; To help keep stable our weather.  
The water we drink isn't safe anymore; The forests are gone, ones I used to adore!  
The giant smoke stacks must be stopped; Doesn't anyone hear the clouds cough?  
Let us all acknowledge with fear, the climate change is here.

## **THE POWER OF ONE: THE STORY OF DR. FRANK HAYDEN**

"Never doubt that a small group of committed citizens can change the world. Indeed, it's the only thing that ever has." Margaret Mead, Anthropologist.

Like our Neighbourhood Association, the worldwide organization, Special Olympics, is also celebrating its 50th anniversary. Special Olympics believes in the power of Sport to help integrate intellectually challenged individuals into mainstream society. Along with many other committed volunteers, I have been lucky enough to be involved with the local K.W. chapter coaching their basketball program for 19 years. Special Olympics is a worldwide movement that spans the globe providing sport programs as well national and international competitions to over 3 million athletes .....

And none of this would have happened without the work of a diminutive Canadian physical education professor from Ancaster Ontario named Frank Hayden. In the early 1960's, after completing his Master's Degree, Dr. Hayden was offered a research position at the Beverley School in Toronto, made up of 375 local children with intellectual disabilities. As a result of his research, he published a book complete with lesson plans for educators on how to improve their physical fitness and by extension their cognitive and social skills. In 1965, Eunice Kennedy Shriver, President John Kennedy's sister, called Dr. Hayden "out of the blue" after reading his book and invited him and his family to move to Washington D.C. and work with the Kennedy Foundation to start the Special Olympics movement. And the rest is history.

Dr. Hayden is now 88 years old and retired, but his passion for the Special Olympics movement is as strong as ever. He was recently inducted into The Canadian Sports Hall of Fame in recognition of his tremendous contribution to sports for the intellectually challenged. I have met and talked with Dr. Hayden several times over the years and for me he is "rock star" right up there with Banting and Best. He is an example to us all how one person's efforts can reshape our world. *Steve Singer.*

*That's all for the Fall Issue of our Newsletter. We hope you find it both informative and enjoyable and we encourage feedback on anything in this issue or ideas for future issues. Once again, a big thanks to our amazing newsletter editor, Tracey Nairn, and to all the volunteers who deliver it to the 400 local homes in our community.*

*Sincerely, Steve Singer, BPHA Newsletter Editor, singercutt@golden.net*